

Mountains of Israel- Paul Wilbur  
Choreography- Laurie Spearman

Part 1

1. Facing center-CCW- (2) cross steps, Step R into center placing weight on RF with body forward, then place weight on LF-body going back with step back online

"Wake up and call on the L-rd"

Part 2

1. Facing Center, (2) R -Boxsteps, (4) up and down klezmers( Facing center- step R, L- behind RF- arms go up when stepping R, and arms coming down when LF goes behind RF) Part 2- 2X

"Mountains of Issrael"

Part 3

1. (2) L -Mayims,  
2.(1) Basketball pivot 360 degrees over L-shoulder to face center, Tcherkessia into center

Part 4

( 4 count tag from part 2- extra boxstep)

1. Traveling CCW- R and L cha,cha, 2X- (total (4) cha, chas)  
2.Continue Facing CCW online- (2) Tcherkessias