

Blessed is the L-rd

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Choreography-Laurie Spearman

Introduction

1. (2) sidesteps on line to R -R arm up and over

2.(2) sidesteps on line to L- L arm up and over

Repeat 8X

Part 1

“He Who Makes the River”

1. Step R,L, into center

2. Step Back R,L online

(4) counts

3. Step R, cross L, 2X CCW

Repeat 4X

Part 2

“Baruch Ata Adonai”

1.Step R.L, into center-Both arms up

2.Step R.L Back on line-Arms up

3. 4-point turn

4. Part 1

Part 3

“Blessed is the G-d who Reigns on High”

1.R 4-point turn- R arm up, L arm on hip

2.L 4-point turn-L arm up, R arm on hip

Bridge- Step into center R,L and step back R,L online